



The Humility of the Highest Part 1

Philippians 2:5-11

Big Idea: The highest over all of history suffered the lowest and deepest humiliation for me.

Or simply: Jesus is the ultimate example of humility.

Outline:

1. Jesus' Starting Point of Highest Honor

1) The One We Look to as Perfect Example

2) The One Who is Equal with God

2. Jesus' Descent into Lowest Humiliation

1) His Incarnation

2) His Servant Lifestyle

3) His Death

4) His Cross for Us

Discussion Questions:

1. What stands out to you from this passage about the mind of Jesus (i.e. the mindset or attitude of Jesus)?
2. What does it mean that Jesus was “in the form of God?”
3. In what ways do human beings “grasp” power, position, and honor for themselves at the expense of others? What can we learn from Jesus’ attitude in the incarnation?
4. During His earthly life and ministry, in what ways did Jesus display a lowly and humble attitude?
5. Have you ever had a “breaking point” in being willing to serve and sacrifice for someone you loved? What point was Jesus willing to go to for the ones He loves?
6. How was the cross as a means of execution perceived by Jewish and Roman society? Do you think early Christians were embarrassed by the shameful of Jesus’ death on the cross?
7. How does the term “humiliation” differ from today’s common usage when talking about Jesus’ incarnation and death?